# Brainstorming & Prioritization

## Date

1 July 2025

## Team ID

## LTVIP2025TMID48379

## Project Name

Student Health and Lifestyle Analysis

## Step-1: Select Problem Statements

- Maintaining a healthy diet amidst a busy academic schedule.  
 - Balancing physical activity with academic commitments.

## Step-2: Brainstorm Ideas

- Create a meal prep guide for students.  
 - Develop an app that recommends quick, healthy food options near campus.  
 - Organize on-campus fitness challenges.  
 - Introduce workshops on time management for health.  
 - Offer incentives for healthy lifestyle choices.

## Step-3: Idea Prioritization

Priority 1: Meal prep guide (High feasibility, High impact)  
 Priority 2: Fitness challenges (Medium feasibility, High impact)  
 Priority 3: App for healthy food (Medium feasibility, Medium impact)  
 Priority 4: Time management workshops (High feasibility, Medium impact)  
 Priority 5: Incentives for healthy choices (Low feasibility, High impact)

## Reference

https://www.mural.co/templates/brainstorm-and-idea-prioritization